

EFFICACY OF HOMOEOPATHIC MEDICINES IN RESTORATIVE AND PALLIATIVE MANAGEMENT OF VARIOUS MALIGNANCIES –

Aims: - To assess the efficiency of Homoeopathic medicines in palliation of symptoms & restore quality of life in patients of various malignancies with the help of Homoeopathic medicines.

Objectives: - 1) To treat presenting symptoms. -In most of the cases of malignancy since cure is not possible, arrest of further metastasis and palliation are the only options.

2) To avoid complications.

3) To help the basic constitution to achieve homoeostasis
With the altered conditions.

4) To confirm the same with the help of changing QOL and Karnofsky's score, supported by investigations.

5) Double blind profile study

6) Comparative study (two groups of patients with same parameters being treated by allopathic mode of treatment and Homoeopathic mode of treatment and compare the results as per pre decided criteria) The international norms for cancer management are as follows.

- A plan of Management must be developed after diagnosis & staging, plan must reflect biology & natural history of tumor, available treatment options & their appropriateness to pt's clinical situation &
- Treatment to improve longevity without long term disease-free survival requires that physician consider the risk of benefit ratios of each therapeutic options.

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Thus Homoeopathy has an important role in order to treat symptoms of malignancy, Keep the patient symptom free as far as possible, avoid

complications & improve quality of life of the patient. The action of Homoeopathic medicines can now be established with the help of the Arndt Schulz law and the advancing molecular sciences that is

- Electrophoresis
- Spectrophotometry
- Magnetic properties
- resonance
- Osmosis

Various statistical methods can also be applied (though there can be major flaws in the statistical methods as it is established now)

A special case Performa will be developed & all the cases will be in that format.

3) Written consent of the patients will be taken.

Type of study: - Clinical.

Case definition:-

All cases of confirmed malignancy will be taken up.

Inclusion criteria: -

All cases of malignancy.

Exclusion criteria:-

- 1) Patient not ready for this research work.
- 2) Patients presently on any other line of treatment.
- 3) I.P.D. patients.

Criteria for assessment:-

- A) Karnofsky's performance index.
- B) Quality of life questionnaire

C) As per Homoeopathic principles - established rules to decide the progress or deterioration (not only symptomatic relief but a definite sequence of improvement)

D) **Appropriate investigations**

With regards -- Dr. Shailesh Deshp[ande